

# Aqua Timetable

3410 0200



**bribie island**  
AQUATIC LEISURE CENTRE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am	Aqua Low Movement Indoor w/ Naomi	Aqua Outdoor w/ Naomi	Aqua Aerobics Indoor w/ Naomi		Combat Outdoor w/ Naomi	
8:00am	Hiit Intervals Outdoor w/ Naomi		Aqua Dance Outdoor w/ Naomi			
9:00am				Low Impact Indoor w/ Naomi		Aqua Aerobics Outdoor w/ Naomi
10:00am				Stretch Indoor w/ Naomi		
5:30pm			Aqua Outdoor w/ Naomi			